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From: kjmjat@aol.com [<mailto:kjmjat@aol.com>]

Sent: Wednesday, April 28, 2010 9:24 PM

To: EBSA, E-OHPSCA - EBSA

Subject: Comment in support of RIN 1210-AB30

April 28, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I have seen how difficult it is to recognize that you need help with mental illness. It is heartbreaking to see someone stop seeking help because of the cost of mental health treatment.

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

Sincerely,

Jo Toland  
58 Prospect Terrace  
Montgomery, NY 12549